

The National Sports Day on 29.08.19

The significance of National Sports Day is immense, it is not only about celebrating the day but is about celebrating the spirit of sports and games countrywide. The celebration is meant to spotlight the importance of this day and to attract the attention of masses towards sports. Such events give recognition, also provide employment to youth and arises awareness of performances of Indian sportspersons in different championships. Sports are considered very important for the physical and mental development of humans. The person who plays any sport remains always healthy. There are many sporting legends have been in India like; PT Usha, who is known as Udanpari, Sachin Tendulkar, known as Master Blaster, and Major Dhyan Chand, known as 'Hockey Wizards'.

Students of Pallavan celebrated the Indian National Sports day on 29th August 2018 to mark the birth anniversary of Indian hockey wizard Major Dhyan Chand. To commemorate the event various sporting events were conducted in the school premises. A Kabaddi match of boys was organized which was played by the under 17 and the of under 19 team of Pallavan and a tournament of Kho-Kho had been played among the girls students of class 7 to 9 and 11.

Like every year, this year too on Thursday 29th August India commemorated the birth of its greatest hockey player ever, Major Dhyanchand, as National Sports Day.

The Prime Minister of India Mr. Narendra Modi launched "Fit India Movement" from Indira Gandhi Indoor stadium, New Delhi at 10 A.M. on 29th August. From the dais he encouraged the citizens to adopt to fit and healthy lifestyle, the inaugural program was also broadcasted live on Doordarshan.

The live streaming of Fit India launch function was shown in all CBSE (Central Board of Secondary Education) affiliated schools at 11:00 am as per the former's instructions. We have organized the session for the students at the MathsLab.







