

# Theater - An art for expressing cause

Day XIII  
March 27, 2017; Monday

At 8:00 am, participants gathered for profound contemplation practice at their preferred premises. With this mental relieving exercise, we were served nutritious breakfast at 8:15 am. This was followed by morning session at conference hall of RTDC, Jhalawar. Just like yesterday, for an hour and half participants sat in project group to discuss and prepare project presentation. Later, all the participants sat in big circle to discuss about reflections on 'Leadership through serene strength'. Every participant shared their personal experiences, thoughts and ideas. This activity took an hour and then participants are dispersed for a tea break. Later at 11:40 am, we had a session on theater by Dilreen Kaur.



Discussion about reflections on 'Leadership through serene strength' in process



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Chaitanya Prashant Deshmukh sharing his reflections on 'Leadership through serene strength' in process

The session on theater thrilled the participants as it indulged every participants in crazy situations. Different actions of theater are explored within a short duration of time. Its energising to act and follow different actions to make ourself strong and relieved. Meanwhile, we had few minutes on discussion about reflections. The session was ended for lunch hour at 1:00 pm. After lunch at 2:00 pm, afternoon session was conducted by Dilreen Kaur for the students which was continued till the evening tea time at 5 O' clock. Then, after the tea participants had choice time.



Ms. Dilreen Kaur leading a session on theatre



Dilreen Kaur demonstrating some theater art



Participants in action mode

Evening session was started at 6:45 pm during which participants sat in family group. At 7:45 pm in the evening, Nitya Ram and Dr Saroj Thapa discussed about the dead lines of documentation of the APSI programmes. This session was followed by a short session with teachers regarding documentations that has to be done by the teachers. Eventually, we had dinner at 8:13 pm.



Mrs. Nitya Ram declaring the dead lines of documentations