

Soft skill development for future leaders of peace

March 19, 2017; Sunday

As usual after a mindfulness period and a good breakfast, a session on 'Comprehension' was started with a brief reflection last two days learning. A story about a kingdom and discussion in group was done followed by a short question and answer time. Thereafter, some pictures were shown and asked students to answer few questions once a intensive group discussion was done. This activity was done to understand the concept of comprehension.

The session was concluded with a summary about comprehension. With this session, every participant could understand meaning of comprehension and tactics of understanding and analysing things. This session also clarified detail meaning of rigour, resilience, collaboration and compassion too.

After few minutes for refreshment, we left for field trip to Chandramoleshwar Mahadev temple of Chandravat city ruled by Chandrasen in seventh century. An archeologist named Lalit Sharma (M.A Archeologist) explained about the site in detail. Finally, we stopped our day's trip at Dwarkadhish temple where we were explained about Gaumati Sagar lake. In nutshell, we the participants were very fortunate to have such a wonderful trip to comprehend about the ancient city of Chandrasen and Parmar dynasty's architecture, art, philosophy and many things.



Mr. Lalit Sharma (M.A Archeologist) explaining about Chandramoleshwar Mahadev temple of Chandravat city ruled by Chandrasen in seventh century

After lunch at RTDC hotel, at 2:30 pm another session by Mr. Gaurav Saklani begun with a game of tower building using small wooden cubes. The game has to be played by individual and in group as well with support and help from group members. The player can play the game by blind folding eyes with stretch of cotton cloth and has to build the wooden cubes tower only with the hand which had been not used dominantly. This game was played by students in group and their scores are reported individually and group as whole. With this game, students were made to develop leadership skills as well as many other soft skills experientially. Eventually, the game was ended by drawing conclusion about soft skills and qualities that a leader has to possess. Students have learnt that a leader should be far sighted, where she/he should believe in self, others and community while seeking help and support from others. Moreover, they became aware that a leader should be mentally flexible and optimistic. Take away for of the session were as follow;

1. Stop comparing with others and excel.
2. Never give up.
3. Never blame others.
4. Stop assuming and be optimistic.

The day was ended with showcasing of wonderful cultural dances of Rajasthan arch ghumar and bindoriby a traditional dance group headed by Ashok Kashyap. All the participants were thrilled to see various performances and majority of participants also joined the live performers.



With Mr. Gaurav Saklani after the session